

Whatever the weather.



We keep things moving

As winter approaches, our teams have already been out and about doing trial runs with the gritters to ensure things run smoothly when they are needed.

We have three winter maintenance teams, each made up of seven staff, who are on standby 24 hours a day from October to April to help keep the borough's roads safe.



190 miles

(343km) of priority 1 and 2 routes gritted



2 hours

the time it takes to salt all routes



grit bins across the borough



in stock for this winter

7 gritters

1 gritter trailer and 2 quad bikes fitted with snow ploughs



clear drives and paths if you can

For more information about winter maintenance and gritting, visit www.darlington.gov.uk/wintergritting

Welcome to One Darlington

Ho Ho! Welcome to this edition of One Darlington which, among other things, looks forward to my favourite time of the year – Christmas!

It has been a challenging year for everyone but Christmas is a good time for us to celebrate what we have achieved and to look to the future with hope.

Some of your achievements are detailed in this edition of the magazine. On pages 36 and 37 you can see how Darlington Cares lived up to its name this year and there are some wonderful photos capturing the extraordinary last 12 months on pages 22 and 23.

My elves are hard at work making sure I have a sleigh full of presents to deliver this year – don't forget if you are Christmas shopping or buying festive treats there are some amazing independent retailers in Darlington. Now more than ever they could do with your support, so please shop local if you can. Turn to pages 14 and 15 for inspiration.

As you all know, I rely on a very traditional mode of transport – my sleigh and reindeer do a fabulous job of getting me around the world in just one night. Locomotion No. 1 may not have been as fast as my sleigh, but it is just as iconic and is an essential part of Darlington's railway heritage. If you want to help Keep The Loco in Darlo, please turn to page 8.

Talking of reindeer, it's a big responsibility to have a pet – especially nine animals that fly! Turn to page 27 to hear about a new group aimed at helping the owners of more traditional four legged friends!

Finally, can I ask you all to ensure you recycle right this Christmas. Put the right rubbish in the right bin to help Street Scene workers like Andy, who you can meet on page 9. There's some helpful recycling hints on page 39 to keep you right and make it on to my nice list!

I would like to take this opportunity to wish all One Darlington readers a very healthy and happy Christmas. Keep an eye on your neighbours, speak regularly to your friends and family and look forward to a bright 2021.



SantaChristmas present distribution coordinator.

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One Darlington is published by the One Darlington Partnership, Room 106, Town Hall, Darlington.

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The next issue of One Darlington will be delivered in early January. If you have not received a copy by Monday 18 January 2021, please call 406056.

An audio version of One Darlington is also available at www.darlington.gov.uk/onedarlington

www.onedarlington.org.uk one Darlington 03

Stay Covid-19 safe in Play Darlington







WASH HANDS

Keep washing your hands regularly.



COVER FACE

Wear a face covering over your nose and mouth in enclosed spaces.



MAKE SPACE

Stay at least one metre away from people not in your household.

Don't forget to download the NHS Covid-19

KEEPING DARLINGTON ON

Coronavirus update

As the rules and regulations around Covid-19 continue to change locally and nationally, Councillor Kevin Nicholson, cabinet member for health and housing, gives an update on the situation in Darlington.

There have been some huge changes to our way of life since March and it's fair to say that things have begun to change even more in the last few weeks.

These changes have been happening so fast that it can sometimes be hard to keep up with the latest information. I know we all want to do the right thing, so it's vital that we stick together, familiarise ourselves with the regulations, and look out for our communities.

These continue to be very difficult times for everyone but I'm confident that if we follow the regulations, we can reduce the numbers affected by the virus and keep Darlington on the right track.

In early October we saw a significant increase in the number of infections, which meant a much higher risk of it spreading around the community and potentially impacting on the elderly and medically vulnerable.

The data for Darlington shows that, given the virus is in the community, it is being spread among people in their own households, often from visitors, as well as in workplaces, on transport and in hospitality venues.

For the latest information on the restrictions Darlington is currently under. you can visit the Government website at

You can also follow us on social media, via Facebook and Twitter, which we keep updated with all the latest news.

I'm very aware that not everyone in the town uses social media or the internet. Keep up to date by using accurate and trusted sources of news, whether that's on the television, the radio or newspapers.

If you have vulnerable family members or neighbours, help them stay up to date as best you can, while being mindful of the need to socially distance.

Our coronavirus webpages include links to resources, charities and organisations that can offer support to those who are struggling financially, mentally or physically.

Remember - if you start to feel unwell, you must self-isolate immediately for ten days and get a test. Call 111 for medical advice or 119 to book a test, or visit the Government website.

I know that if we all work together, we will overcome this and emerge stronger.

www.gov.uk/coronavirus and also our own website at www.darlington.gov.uk/coronavirus



app. Use it to check in when out and about

THE RIGHT TRACK

Penny begins role as new director of public health

A new director of public health has been appointed for the borough. Penny Spring has taken on the role from the retiring Miriam Davidson.

She will work with council services, the NHS, public and private sector partners and community and voluntary groups, to oversee health and wellbeing measures and shape future local services. She will also help lead the borough's ongoing public health response to the Covid-19 pandemic.

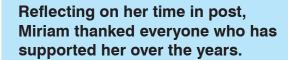
Penny, whose career spans more than 30 years, said she is excited about her new role. "This post presents significant opportunities to achieve a real and

meaningful difference to health and wellbeing.

"I will use my strengths, values and experience to help enable our communities to flourish and achieve positive health outcomes."

Penny was most recently director of public health in North Lincolnshire, where she headed Covid-19 efforts.

She previously held the same title in Northumberland where her work earned great praise from Public Health England and included the introduction of micro-grants that allowed community trusts to support health improvements.



She said: "It has been a privilege to work with so many people who strongly believe that health is for all, not just a few.

"I could not have predicted that the terrible pandemic of Covid-19 would dominate my last year as director of public health, but there is still much to celebrate.

"As I leave, I reflect on the improvements made to sexual health services, a new emphasis on recovery in drugs and alcohol services, a strong focus on mental health in our schools and colleges and a valued relationship with GPs and practice teams in Darlington.

"The Healthy New Towns legacy includes stronger relationships between the NHS and local authority planners, and an understanding of the importance of health and wellbeing.

"There are many challenges ahead, but Darlington is full of resourceful, creative people and I am optimistic for the future."



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Remembrance events change

Remembrance events will go ahead in Darlington this month with some changes because of the Covid-19 restrictions.

Wreaths will be laid at the War Memorial, in the grounds of Darlington Memorial Hospital, on Remembrance Sunday. However, this event will not be open to the public this year.

Instead, video from the event will be available on the council's Facebook page.

We have written to the Royal British Legion and other organisations, which are usually represented at Remembrance events, to explain the situation.

Councillor Brian Jones, the council's armed forces champion, said: "These decisions have been taken with a heavy heart, but ultimately we must do what is right in respect of the latest Covid-19 guidance.

"I would like to thank everyone for their understanding and look forward to Remembrance events returning to their traditional format in years to come."

Saving the planet! A ten-year-old girl has had her ingenious invention to solve the world's energy problems brought to life. Lainey Newbery, a pupil at Firthmoor

Lainey Newbery, a pupil at Firthmoor Primary School, entered the Pioneers Energy Challenge, an initiative to encourage children across the North East to think of ideas to generate, save or use energy better.

Before lockdown, a special workshop at Darlington Hippodrome sparked Lainey's imagination and she came up with the Sea Sweeper 1000 to rid the oceans of plastic.

Lainey's invention was one of the entries chosen to be brought to life and following Zoom meetings with artist, Lottie Smith, the Sea Sweeper 1000 became a reality! It now features in an online exhibition and can be seen alongside all the other entries at www.pioneersgallery.littleinventors.org

www.onedarlington.org.uk one Darlington 07

Help Keep the Loco in Darlo!

It's full steam ahead for a refreshed campaign to keep Locomotion No. 1 in Darlington.

Built by pioneering railway engineers George and Robert Stephenson, it was the first steam locomotive to haul a passenger-carrying train on a public railway, making its first journey in 1825.

It has been looked after in
Darlington for more than
160 years and permanently
displayed at the Head of Steam,
Darlington's railway museum,
since 1975.

The National Railway Museum wants to move it out of town. With the 200th anniversary of the world-famous Stockton and Darlington Railway approaching in 2025 – and ambitious plans for a new rail heritage quarter being developed – the loss of Locomotion No.1 would be a major blow.

The council, with support from rail heritage experts and a cross-party group of politicians, has launched a campaign to Keep the Loco in Darlo.

More than 3,000 people have already signed a petition hosted by the council. We hope that by moving our petition to the change.org website, we can reach even more supporters.



Even if you signed the old petition, you need to sign the new one to make your voice heard. Go to www.darlington.gov.uk/keep-the-loco-in-darlo and click sign the petition!

Doing his bit for the environment

In the latest instalment of our #50Faces series – in which we profile some of the behind the scenes heroes who help make the council tick – we hear from swimming instructor turned Street Scene worker...

Andy Goodfellow

Andy has been a swimming instructor at the Dolphin Centre for three years and before that he was a lifequard. He'd previously worked as a college teacher and Duke of Edinburgh Award instructor.

He said: "Being a swimming teacher is the best job I have ever had. I used to be a competitive swimmer so understand how good swimming strokes should look and how to correct them. The kids are really funny and I like making them laugh while they are learning so I have a great time. It's all about making the lessons enjoyable for everyone.

"When Covid-19 hit, swimming lessons stopped and I was given the opportunity to join Street Scene to put the new recycling stickers on everyone's bins. The stickers advise what can and can't be recycled. I was happy to do my bit to help out. I follow the wagons on their rounds and get as many stickers on bins as I can on each collection day. I have been getting a really positive reaction from people and lots of friendly comments. People are interested and want to know what I am doing. I also see lots of families who I know from swimming lessons and it's nice to say hello as we haven't seen each other for so long.







You can hear more from Andy, and others from the #50Faces series at www.darlington.gov.uk/50Faces

New deputy council leader appointed Markington appointed Markington

Councillor Jonathan Dulston has been appointed deputy leader of the council, following Councillor Charles Johnson's decision to step down.

First elected as a councillor for Eastbourne in 2019, Cllr Dulston has served as cabinet member for stronger communities – a role he will continue to fulfil alongside his new responsibilities as deputy leader.

Cllr Dulston and Cllr Heather Scott, leader of the council, say their different ways of looking at things have helped them forge an effective partnership.

Cllr Dulston said: "Becoming deputy leader of the council is something I take very seriously and I'll work hard to be successful.

"I want to revitalise the council and find new ways of connecting with people right across Darlington, from all walks of life."

Cllr Scott said: "Jonathan has done very well since becoming a councillor and I'm delighted to welcome him into his new role.

"Since stepping up to his new role, Jonathan has shown the leadership and communication skills needed to succeed and I'm sure that will continue."



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Contact your councillor (G) Green (I) Independent (L) Labour (LD) Liberal Democrats

Key: (C) Conservative

Your councillor is there to listen to you and find out about the issues that are affecting life in your ward. There are no ward surgeries at the moment but you can still email or call your local councillor. Find out more at www.darlington.gov.uk

Emailing councillors

To email your councillor, their email address is firstname.lastname@darlington.gov.uk

For example, if you want to email Heather Scott, type in heather.scott@darlington.gov.uk

The only exceptions are Andy Scott (Haughton and Springfield), Ian Bell (Harrowgate Hill) and Anne-Marie Curry (North Road). Their email addresses are shown with their contact details.

BANK TOP AND LASCELLES

Helen Crumbie (L) Tel: 07743 191014. Wendy Newall (L) Tel: 251574. Darrien Wright (I) Tel: 07724 384264.

BRINKBURN AND FAVERDALE

Scott Durham (C) Tel: 07805 505156. Rachel Mills (C) Tel: 482906/07786 077189. Lisa Preston (C) Tel: 07793 662154.

COCKERTON

Paul Baldwin (I) Tel: 07515 814007. Jan Cossins (L) Tel: 241124. Eddie Heslop (L) Tel: 354457.

COLLEGE

Bryony Holroyd (G) Tel: 07570 776553. Matthew Snedker (G) Tel: 07780 807059.

EASTBOURNE

Jonathan Dulston (C) Tel: 07775 555251. Kevin Nicholson (I) Tel: 07791 807629; Steven Tait (I) Tel: 07825 303036.

HARROWGATE HILL

lan Bell (C) Tel: 07581 300111, ian.bell2@darlington. gov.uk; **Jon Clarke (C)** Tel: 07875 057253. **Lynn Paley** (L) Tel: 07963 706171.

HAUGHTON AND SPRINGFIELD

Chris McEwan (L) Tel: 283262. Andy Scott (L) Tel: 253707, andrew.scott@darlington.gov.uk; Nick Wallis **(L)** Tel: 07960 247554.

HEIGHINGTON AND CONISCLIFFE

Gerald Lee (C) Tel: 314622. Paul Crudass (C) Tel: 374537.

HUMMERSKNOTT

Charles Johnson (C) Tel: 463712. Paul Howell (C) Tel: 07464 688865.

HURWORTH

Christy Chou (C) Tel: 405998. Lorraine Tostevin (C) Tel: 333382.

MOWDEN

Pauline Culley (C) Tel: 250482. Alan Marshall (C) Tel: 359138 or 07807 523106.

NORTHGATE

Sajna Ali (L) Tel: 405998. Eleanor Lister (L) Tel: 254091.

NORTH ROAD

Hilary Allen (LD) Tel: 480277. Nigel Boddy (LD) Tel: 07583 174104. Anne-Marie Curry (LD) Tel: 07531 304050, annemarie.curry@darlington.gov.uk.

PARK EAST

Cyndi Hughes (L) Tel: 480975; Libby McCollom (L) Tel: 07910 369887; Michael Nicholson (L) Tel: 240750.

PARK WEST

Bob Donoghue (C) Tel: 07767 294194. Heather Scott (C) Tel: 468547.

PIERREMONT

Stephen Harker (L) Tel: 380039. Linda Hughes (L) Tel: 07904 772387; Mary Layton (L) Tel: 350560.

RED HALL AND LINGFIELD

Sam Howarth (L) Tel: 07807 709845. Hilary Lucas (L) Tel: 249215.

SADBERGE AND MIDDLETON ST GEORGE

Brian Jones (C) Tel: 332820. Doris Jones (C) Tel: 332820. Deborah Laing (C) Tel: 07747 863297.

STEPHENSON

lan Haszeldine (L) Tel: 496548. Mike Renton (C) Tel: 07495 697592.

WHINFIELD

Jamie Bartch (C) Tel: 07554 645651. Andy Keir (C) Tel: 07597 297654.

MPs' SURGERIES:



Peter Gibson (Darlington MP) can be contacted through his constituency office at 34 Duke Street, Darlington, DL3 7TZ. Call 711711 or email peter.gibson.mp@parliament.uk

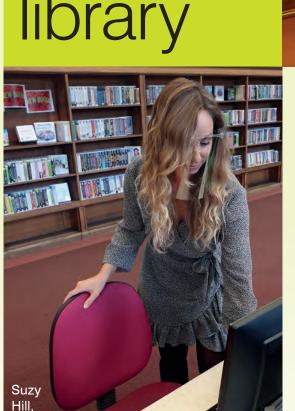


Paul Howell (Sedgefield MP) can be contacted by email at paul.howell.mp@parliament.uk



Ben Houchen - Tees Valley Mayor Cavendish House, Teesdale Business Park, Stockton-on-Tees, Tees Valley, TS17 6QY Tel: 01642 524401 or email mayor@teesvalley-ca.gov.uk

Make the most of your library





We are opening the door on more services at our libraries, whilst working hard to ensure staff and visitors are safe.

Two computers are now available for quick checking and printing at Darlington Library, Crown Street – you can use them for free for up to 30 minutes a day and print for 15p per page.

The library service is also continuing home deliveries for members aged 60 or over. Our skilled library staff will choose books based on your interests and Darlington Support volunteers will deliver them once a month, often including handwritten notes or cards from local schoolchildren to help brighten your day. Over 200 households already use the service and more are welcome.

Darlington Library branches in both Crown Street and Cockerton are Covid-secure with test and trace in place. Please wear a face covering in the libraries and follow signs and directions from staff. All stock is quarantined or cleaned between uses.

For more details about our library services, visit **www.darlington.gov.uk/library** or download the Darlington Library app.

Crown Street branch

is open Monday–Saturday, 10am–4pm. Services include free reservations; home deliveries for over 60s; quick pick borrowing for residents of all ages; quick printing (charges apply); no fines.

Online

Get access to free books, audio books, magazines and comics via the website or library app.

Cockerton branch

is open Monday, Wednesday and Friday 9.30am–1pm; Tuesday, Thursday and Saturday, 1-4pm. Services include free reservations; quick pick borrowing for residents of all ages; no fines.



library

manager



Visiting the town centre for a spot of Christmas shopping? Enjoy two hours free parking in most council-run car parks and on-street bays.

It's been free to park in council-run car parks for several months to support the town centre economy in response to the pandemic.

We are keen to continue supporting town centre shops and businesses, so have introduced the two hours free parking offer in the run-up to Christmas.

We want the most convenient parking spaces to be easily accessible for shoppers and visitors to the town centre.

Having a time limit will ensure these spaces are available more often and will encourage people to support Darlington and continue to buy local.

Drivers need to display a ticket for the free two hours to show what time they arrived but only pay for any time required over the first two hours.

The offer will be reviewed in the new year.

I'm enjoying FREE childcare ...is your 2 year old? Check your child's eligibility for up to 15 hours a week - just have your national insurance

number to hand and go online

email pfis@darlington.gov.uk

01325 406222 (option 7)



SUPPORT L





It's been a tough year, as we have all faced challenges posed by the pandemic.

More than ever, local businesses need all the help they can get to keep going and look forward to a brighter and more prosperous future. New businesses continue to open in the town and old favourites still offer fantastic service and products.

Keep up to date with local town centre business news on the #LoveDarlo Facebook page and at enjoydarlington.com

If you have a business that is struggling, help is at hand. Email business.support@darlington.gov.uk



Enjoy the taste of Darlington this Christmas from our local businesses. Handmade treats from Urban Fudge and Burtree Puddings with their famous sticky toffee pudding, sauces, flapjacks and Christmas pudding. Plus, sample award-winning piccalilli and hampers from Calder's Kitchen.

If you're after something a bit different, why not try Olumo Foods? They specialise in African and Caribbean foods direct to your door.

Drink a toast to Christmas with The Little Quaker Gin Distillery – Darlington's very own hand crafted, small batch gin, distilled in Clark's Yard. There's gift packs and much more at their online shop.

Round off your Christmas dinner with a delicious Beanie coffee. A fantastic choice of flavours and gifts to please all coffee lovers – now on sale worldwide.



ENJOY DARLINGTON

ENJOY THE MAGI Details of festive events in

OCAL THIS

IMAS

If you prefer to shop in town, there's lots of choice with new bakers, The Bakerman and Bakehouse 8 in the Yards, as well as the ever-popular Cheese and Wine Shop where new owners, Claire and Katy, will welcome you. Don't forget the fresh produce in the Indoor Market – all under one roof.

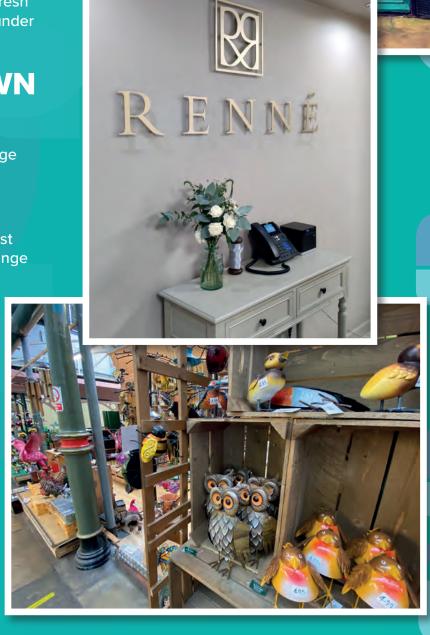
A GEM OF A TOWN FOR SHOPPING

Family-run jewellers Renné, in Grange Road, offers a range of unique handcrafted jewellery.

Renné is the latest addition to the Imperial Quarter, an area of specialist shops, cafes and bars including Grange Road, Northumberland Street and the top of Blackwellgate.

While you're in town, don't forget more established favourites such as Bliss Gifts, Guru and many more. Plus, look out for old favourites in new places as The Sweet Shop, The Savoury Cafe, Julie's of Darlington and Hannigan's Shoe Repairs, settle into the Cornmill Centre.





C OF CHRISTMAS

Darlington are on page 24.

www.enjoydarlington.com

The Cheese & Wine Shop



For more than 40 years, Family Help Darlington CIO has been supporting people who suffer domestic abuse.

The charity runs Darlington's only women's refuge – one of the longest-standing refuges in the UK – which provides safe, temporary accommodation for those who need it.

The purpose-built refuge is a welcoming home and offers help from a supportive team who encourage women to move towards a safer future, where they are free from violence and domestic abuse.

Since April last year, Family Help has supported and provided a temporary home for 63 women and 83 children. Its helpline, which is a lifeline for many people who are suffering domestic abuse, received around 325 calls.

As lockdown restrictions started to relax, the charity saw an increase in the number of people asking for their help.

If you need help or advice for yourself, or someone you know, you can call 364486 for confidential non-judgemental advice, 8am-6pm Monday to Friday and Saturday 9am-noon. You can also email contactus@familyhelp.org.uk or contact the charity through Facebook, Instagram and Twitter.

Domestic abuse is the repeated abuse of a person (or people) in an intimate or family relationship. It can happen to anyone, of any gender, background or circumstances.

National statistics show that one in four women and one in six men will suffer some form of abuse in their lifetime. On average, two women a week are killed by a violent partner or ex-partner.



Darlington Women's Refuge

Family Help Darlington CIO, Registered Charity in England & Wales No. 1150798 Supporting women and women with children fleeing domestic abuse since 1976.

6 www.onedarlington.org.uk

Keeping safe on the roads

If you're cycling this winter take care to make sure you can be seen!

Did you know it's against the law to cycle without lights and reflectors between sunset and sunrise, even if it's light? As the days get shorter it's also a good idea to wear reflective clothing.

But it's not just up to cyclists to take care. Drivers are also being urged to be more aware following a number of deaths and serious injuries across the region.

It's feared that many of the people who took up cycling during lockdown don't have enough experience of cycling after dark or on busy roads.

Road Safety GB North East is calling on motorists to cut their speed, give extra space and be aware of cyclists when pulling out of junctions and opening car doors.



Peter Slater, of Road Safety GB North East, said: "We have so many more cyclists on our roads, so drivers, please slow down and give them plenty of space – at least 1.5 metres – and actively look for bikes because the consequences can be fatal."

Help delay dementia

Participants are needed for a scheme which aims to delay the onset of dementia.

Unforgettable Experiences gives older people, who have been diagnosed with mild cognitive impairment or mild to moderate dementia, the opportunity to keep their

cognitive impairment or mild to moderate dementia, the opportunity to keep their minds active. Participants are taught how to get online to connect with loved ones and join free online sessions on various subjects including art, music, dance, history and photography.

pnolograpny.

It is hoped by stimulating cognition and brain activity, the onset of dementia can be delayed and participants will remain independent and active, delaying the need for care. The scheme is supported by the council, Creative Darlington, NHS Tees, Esk and Wear Valley and the Government's Innovate UK.

Victoria Burnip, Unforgettable Experiences' chief executive, said: "We're keen to show how this type of support could be delivered online and encourage collaboration between arts, health and social care sectors, which have also been heavily impacted by Covid-19."

Equipment will be provided to those who do not have a phone, computer or tablet to get online. If you, or someone you know, would like to take part, call 238007, email info@unforgettableexperiences.org.uk or visit www.unforgettableexperiences.org.uk

Victoria Burnip, chief executive, Unforgettable Experiences

www.onedarlington.org.uk one Darlington 17

Save Time, Do

The internet has long been an important part of our lives – especially during the pandemic. From online shopping to keeping in touch with friends and family across the country, the web is a fantastic resource.

Our website has loads of helpful information on it, but what you may not know is just how much you can do online.

Using our services online is often the quickest and easiest way to find information whenever you need it, and it's always safe. Even if you're not confident with the internet, our website is easy to use – this article will help guide you to what's on offer.

You can report many issues online, including: Pot holes Fly tipping **Report it** Anti-social behaviour Broken traffic lights or street lights Breaches of planning law Recycling, bins, and refuse information is all available online: **Bins and** Use our weekly reminder service, to help you keep track of when to put your bins out refuse Book a trip to the tip Find out what goes in what bin While you need to call to book an appointment, it's **Environmental** worthwhile visiting our pest control web page to answer any health questions you may have You can use mobile apps to pay by phone at many council **Car parking** car parks **Building** You can complete and submit a number of building control **Control** application forms online

it Online!



Visit our handy webpage

www.darlington.gov.uk/doitonline

for a list of all the council services we offer online.

Housing

The digital tenancy scheme is a fantastic way to manage your council tenancy on your PC, laptop, or smartphone. You can pay your rent, report repairs, contact the housing team and more

Transport and blue badges

Lots of information to help you get about the town easily

- Apply for a blue badge
- Check for roadworks in your area

Private sector housing

If you have an issue with a private landlord, you can get in contact with our private sector housing team

Online council meetings

You can watch council meetings at www.darlington.gov.uk/livemeetings

Library

Our online library allows you to renew and request books, access ebooks, audiobooks, and digital magazines

Improve your IT skills

Learning & Skills deliver entry level ICT in a small, supportive environment for those who struggle using computers and the internet.

Entry Level ICT courses are free of charge and run on various days and times. For more information, please visit www.darlington.gov.uk/learningandskills, call or text 07932 869325 or email l&s@darlington.gov.uk



Take Covid-19

Consultant physician, Dr Khin Nini, headed off to work at Darlington Memorial Hospital on the morning of Thursday 16 April, as she does every working day. Little did she and her family know that within days she would become desperately ill with Covid-19, later requiring admission to the intensive treatment unit.

She said: "Since early March I had been caring for patients admitted with Covid-19. I know, both from my own experience of being ill and from how very ill it made the patients I cared for, that this isn't something you want you, or your loved ones, to get – whatever their age.

"At home I was living in a separate part of the house from my husband and daughter because, although we had PPE at work, caring for Covid-19 patients was always going to put me at greater risk. The first symptom I noticed was when I walked up the stairs at work and was unusually breathless. My oxygen saturations were normal so I hoped I might just be tired.

"That night, however, I felt much worse, my temperature rose and my whole body was in pain. The following day, I had a test which came back positive and my condition continued to deteriorate over the following days. I struggled to get enough oxygen, had a high temperature much of the time and developed sickness and diarrhoea. When I was admitted to Darlington Memorial Hospital, it was initially for overnight monitoring but I ended up spending 12 days on the intensive treatment unit where I was ventilated.

"Having been the consultant caring for Covid-19 patients it felt unreal to become one myself and the severity of my illness was a surprise. I am used to dealing with life and death situations and, while I didn't for a moment give up, I prepared myself for the possibility of dying. By far the hardest part was the impact my situation would be having on my husband and daughter – how distressed she must be – and the fact they couldn't visit.



'I prepared myself for the possibility of dying'

"I was able to go home on Friday 8 May – VE Day – and returned to work a month later. I'm one of the lucky ones and am so grateful for the excellent care I received. It's up to all of us to do all we can to minimise transmission, so more families don't need to go through what mine did. Up to 60% of people with Covid-19 don't even have symptoms so spread it unwittingly. In years to come will you be able to look back and know you did the right thing?"

20 www.cddft.nhs.uk

seriously



This year, more than ever, it's important to do your bit this winter to protect yourself and your community and to ensure that health services can continue caring for those who need them most. Find us on social media!

f @CDDFTNHS

Covid-19

We know the virus spreads easily and quickly which is why we must continue to remain vigilant. We can all do our bit to reduce the risk of catching or spreading Covid-19 by following national guidance, practising good hand hygiene, wearing a mask and maintaining social distance.

Safe to attend

With cases of coronavirus increasing, we understand that some people may feel more concerned about coming to a health care setting for their appointments. All your local healthcare services are safe and have infection control and prevention measures in place. If you have an appointment or need us – we are here for you.

Choose wisely

If you are ill or need advice, remember to use services sensibly and don't just turn up at A&E.

Think Pharmacy, GP and 111 first.

Flu

As we head into the winter months, colds and other viruses, including flu, circulate more easily. These illnesses can be most harmful to the frail, elderly and the vulnerable. For some people, flu can result in being admitted to hospital. If you qualify for a free flu vaccination, please take it so you don't catch or pass on this nasty virus.

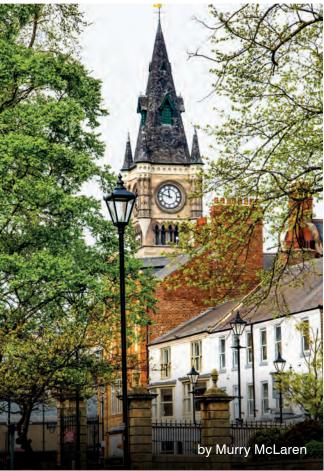


www.cddft.nhs.uk one Darlington 21









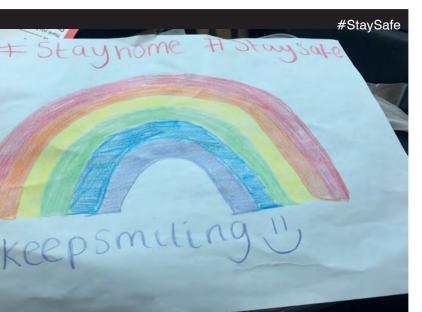
Goodbye

It's been a year like no other, but the people of Darlington have gone the extra mile to make us all smile!

From virtual street parties and painted rainbows to volunteering heroes and creative knits – you have done us proud.

Here are some of our favourite memories and photos you have sent us throughout the year.

Wishing everyone a happy and healthy 2021.











2020...











ENJOY DARLINGTON WITE ON

REGULAR EVENTS

Monday Movers - every Monday, 10am-noon, Darlington Hippodrome. A movement and dance class aimed at people aged 65+. Includes some chair-based exercises.

Dance fitness with Debbie 16+ - every Tuesday, 6.15-7.15pm,

Darlington Hippodrome. A fun movement and exercise session to music, suitable for adults of all levels of fitness.



Classic cinema screenings -Thursdays, Fridays, Saturdays, various times, Darlington Hippodrome. Films in November include Four Weddings and a Funeral, Sister Act 2, The Sound of Music, The Greatest Showman, Mrs Doubtfire and many more.

The Next Chapter Reading

Group, Darlington Libraries virtual reading group will vote monthly on a choice of newly released titles which you can download for free on your PC, phone or laptop. Join in the discussion virtually on the Facebook: The Next Chapter Reading Group.



Outdoor Market – browse the stalls in the Market Square every Monday, Friday and Saturday. The Market Hall is also open Monday – Saturday, follow them on Facebook.

NOVEMBER



Ballet's Gavin McCaig, Sunday 15, Various sessions from 10am to 4.45pm, Darlington Hippodrome Join Northern Ballet's Gavin McCaig for a ballet masterclass on the Hippodrome stage.

Sling dance taster session - Thursday 19, 10am-11am,

Darlington Hippodrome. A dance fitness session for all ages, with a variety of styles of dance, music and fitness.

Family dance taster session - Saturday 21, noon-1pm,

Darlington Hippodrome. A dance fitness session for all ages, to encourage intergenerational fitness and fun! With a variety of styles of dance, music and fitness. You don't have to be with a family - this is a class for all!

CONTACTS

Darlington Hippodrome box office open 10am-8pm (6pm on non-performance days); Cornmill Centre ground floor open 10am-4pm Monday and Saturday only; call 405405 10am-8pm Monday-Saturday (6pm on non-performance days); or visit www.darlingtonhippodrome.co.uk

The Hullabaloo – call 405405 or visit www.theatrehullabaloo.org.uk

Head of Steam – Darlington Railway Museum – call 405060, visit www.head-of-steam.co.uk or email headofsteam@darlington.gov.uk Entrance fees apply in most cases.

Darlington libraries – call 349610.

Dolphin Centre – call 406000 or email healthydarlington@darlington.gov.uk

ENJOY TEES VALLEY

There's lots to see and do across the Tees Valley. Visit **www.enjoyteesvalley.com** for full details.



Christmas in Darlo

Christmas will be a bit different this year due to the pandemic and sadly many of our usual events, such as the Christmas light switch on, won't take place. We will still be lighting up the town though and we will update our social media and website with festive fun nearer the time.

All information is printed as provided. Please check with venue before travelling. Visit www.enjoydarlington.com for full details.





As Christmas and the cold weather draws nearer, you may see vulnerable people begging in the street.

You might think that giving money to those who are begging is a good deed but, in some cases, it can cause more harm.

We're asking people to 'Have a Heart, Give Smart' it's more beneficial to make a donation to charities that help those in need supporting them with the issues they face. The 700 Club provides support to those in need in Darlington – to find out more visit www.700club.org.uk

You can text BEGGING to 70085 and a donation of £5 will be made.

Extra provisions are made for rough sleepers during severe weather and we work with local organisations and housing providers to make more accommodation available.

If you are concerned about a homeless person/rough sleeper, contact:

- Housing Options Team call 405333 or email housingoptions@darlington.gov.uk (during office hours)
- Street Link make a report online at www.streetlink.org.uk or download the StreetLink App. If you request an update, you'll be told within 10 days what action was taken as a result of your alert
- **Outside office hours call 01642 524552** – the team will provide advice for rough sleepers who want accommodation
- If someone is unwell, unresponsive, or distressed, please call 999.

Always supporting victims of crime



Being there, listening and helping you learn how to cope are all an essential part of the Victim Care and Advice Service.

We provide support for all victims of crime, whether or not you have reported the incident to the police. If an incident is reported, we will support you through the criminal justice process, as well as helping you cope with the immediate impact of the crime and recover from what has happened.

Although Covid-19 restrictions mean we can't physically be in the same room as the people we help, we can still offer support in other ways.

Our team of victim care officers is providing telephone and video conferencing support to our clients. We are working hard to maintain this important service and contact for people, many of whom are feeling increasingly isolated and alone.

If you have been a victim of crime or witnessed a crime and need support, contact the Victim Care and Advice Service on 0303 040 1099 or by email info@vcas.uk



Mark Warcup, victim care and advice service manager, explained: "Dealing with the impact of a crime is tough at any time but add social distancing, fear and uncertainty and the need for support is greater now than ever

"Becoming a victim can affect people in many ways, perhaps causing problems with sleeping or eating or no longer feeling safe at home. This may lead to some complex and painful challenges for people as they try to deal with their feelings and carry on with life."





Having a dog is great fun but it comes with responsibilities too – ensuring your best friend is healthy, kept on a lead when required, under control and that you pick up any dog poo!

A new group has been launched, bringing together staff from the council's community safety team, dog walking businesses and pet owners, to promote responsible dog ownership and challenge irresponsible behaviour.

Andy Wood, the council's dog warden, said: "We'll be looking at how we can make it easier to report lost and found dogs, working with local vets to promote our work and looking at successful dog walking schemes in other areas to see how they can help our dog walking community."

David Gray, director at Petpals Darlington & Yarm, said: "This is a fantastic opportunity for us to work together on what is thought to be one of the first such partnerships in the country. It has already gained interest from the Kennel Club.

"There's a lot of work to be done but we're determined to meet the challenges together and are planning a programme of initiatives to help educate and raise standards for responsible dog ownership."

The group was launched following an extensive consultation on the new public spaces protection order around dog controls, which came into force earlier this year.

More details and maps of areas covered can be found at www.darlington.gov.uk/communitysafety under 'dog

You can report issues relating to dog controls by emailing streetscene@darlington.gov.uk

Radio star Pandora Shares her fostering Story Market BARLINGTON



Radio star Pandora features in two brilliant videos about fostering and supported lodgings in Darlington. When Pandora was nine, her mother tragically died and she was placed in full time foster care. Pandora's life was changed by her loving foster carers.

During her teenage years, Pandora had two foster families. The support and care of her foster carers helped her overcome the hardships she faced. Her fostering families changed her future, and they keep in touch to this day.

Pandora is incredibly passionate about promoting fostering because she knows just how much it can have an impact on a child's life. There are over 100 children in Darlington who need you. You can become a foster carer or supported lodgings provider and make a huge difference.

Foster care and supported lodgings is a paid position that requires no qualifications. Your relationship status, religion, gender, and ethnicity don't matter – all you need is a spare room and a loving heart.

There are lots of reasons why a child or young person may need to live with a foster carer; their parents might not be well enough to look after them or sadly could have died. It could be because of their parent's lifestyle choices (like drug or alcohol addiction); maybe mum or dad are struggling to cope or are in prison; unfortunately, sometimes it is because the child needs protecting from abuse or neglect in the home.

Whatever the reason, our carers provide different types of care for these young people:

Short term – when a child or young person needs to be cared for on a short-term basis

Long term – when a child or young person can't live with their family and are too old to be adopted

Refugees – we've pledged our support to the refugee crisis and need carers for these young people who have no family

Respite care – for children and young people whilst their main foster carer takes a short break.

Supported lodgings – offer young adults aged 16 and over a stepping stone between foster care and independent living.

We currently have 153 children living with foster carers; just under a third are between 10 and 15 years old; around a third are between 5 and 9; approximately a quarter are 4 or under and a small number are aged 16 or over. Boys and girls, only children and children with siblings – they all need people like you to!

For an initial chat and more detailed information about the opportunities available, the fees we pay, support we provide and how to apply, contact us on:

406222 (option 5 Fostering and Supported Lodgings team)

fostering@darlington.gov.uk

Have you been made redundant?

Darlington BEAT can help



If you've been made redundant or if you're struggling to find work, you don't have to suffer in silence – Darlington BEAT (Benefits Entitlement Action Team) can help.

Times are tough for many people around the borough and it can be difficult to know where to turn for a bit of extra help. You could be entitled to more help then you realise.

As well as financial assistance, you could also get help finding a job. There are millions of pounds of benefits held by the Government that you may be owed. This money can be spent helping feed your family and keeping you going as you look for work. Why not see if you can claim?

Are you a young person? You may have £1,000s more than you think

If you are, or know, a young person born between September 2002 and January 2011, you may have £1,000s in your 'Child Trust Fund'.

Many people don't realise these funds exist, but the money becomes accessible after a young person turns 18.

If you were born in September 2002 or later, contact Darlington BEAT to help you access your funds and for guidance on what to do next.

Call the BEAT line on **0800 048 7023** at the following times:

Monday 9.30am-4.30pm Thursday 9.30am-4.30pm Tuesday 9.30am-4.30pm Friday 9.30am-1pm Wednesday 1-8pm Saturday 9.30am-1pm

Outside of these times please leave a message and we'll get back to you as soon as we can. You can also email us at **BEAT@darlingtoncab.co.uk**



DarlingtonSupported by



In Court

We take action against people who drop litter, fly tip, and commit other environmental, trading standards and antisocial crimes.

Since September, we have served a closure order on a property in Longfield Road over suspected drug dealing and antisocial behaviour and have investigated 72 fly tipping incidents.

Other cases heard recently include:

Failing to complete work to a reasonable standard: Ryan White (trading as R&J Landscapes), aged 27, Lovers Lane, Longtown, Cumbria

Failing to comply with community protection order under Section 48(1) of Anti-social Behaviour, Crime and Policing Act 2014:

Rebecca Jane Moore, West Auckland Road; Connor and Michael Thompson, Lewes Road

Possession for supply of counterfeit goods and supplying nonplain packaged tobacco products: Veronika Kutkova, aged 28, of Howdene Road, Newcastle.

All addresses are Darlington unless stated.



Be a smart shopper

The first step to being a smart shopper is knowing your consumer rights.

Did you know that if you buy goods that are faulty or broken, not fit for purpose, or not correctly described, you have a legal right to reject them and ask for a full refund?

What you may not know is how long this right lasts, if you later discover a problem with the goods.

The 'short-term right to reject', as it's called, lasts for 30 days. This doesn't apply to all goods. If the expected life of the goods is shorter because they are perishable – cut flowers for example – the time you have to reject them is shorter.

So, if the kettle you bought in store 15 days ago stops working, you can return it to the shop, along with your proof of purchase (which is usually the receipt) and ask for a refund.

Visit the trading standards consumer advice page www.darlington.gov.uk/consumeradvice for more information.

For advice on a consumer problem, visit the consumer pages of the Citizens Advice website www.citizensadvice.org.uk/consumer or call 0808 223 1133.

Please note trading standards does not provide consumer advice or dispute resolution services. This information is intended for guidance; only the courts can give an authoritative interpretation of the law.

Simple steps to avoid winter crime

With the days getting shorter and the nights drawing in, we're urging people to protect their property from opportunistic thieves.

Dark evenings can lead to a rise in burglaries, as a house which is in darkness can look empty to an opportunistic criminal.

We're urging you to take these simple steps to help prevent you from becoming a victim of crime this winter:

- Lock all windows and doors even if you're at home
- A well-lit home gives the impression someone is in
- Leave a light on or use timer switches so lights come on when it gets dark
- Don't leave valuables on show
- Don't leave your house and vehicle keys in the lock or on a side table in view of a window, making it easy for a thief to fish them through your letterbox
- Don't leave curtains closed during the day, only in the evening and overnight
- · If you have a house alarm, use it
- Lock your car doors when leaving them unattended and remove all valuables
- Contact your local neighbourhood police team if you see anything suspicious in your area.

Inspector Chris Knox said: "All too often people are making their homes attractive to burglars and thieves by leaving them unlocked or in darkness during the winter months.

"However, a few simple steps are all it takes to reduce this risk and protect yourself from becoming a victim of crime.

"Vehicles left unattended with valuables left on display or unlocked are a magnet for criminals, who will often try a number of car door handles until they find one that has been left open.

"It only takes a few seconds to make sure you've locked the door, but it could mean the difference between having your car stolen or having it there when you return.

"In the run up to the festive season, when traditionally people are doing more shopping, they should also remove items from their vehicles before leaving them unattended, or lock them out of sight in the boot."



To report any suspicious activity in your area, contact Durham Constabulary on 101, or call Crimestoppers anonymously on 0800 555 111.

www.durham.police.uk one Darlington 31



In these difficult times, we must look forward to the good things coming our way and focus on the positives. That's why I want to highlight projects and news in Darlington and beyond that have us...

BUILDING FOR OUR REGION'S FUTURE

Earlier this month, I marked the fifth anniversary of the liquidation of the SSI steelworks by demolishing its former gatehouse - paving the way for a brand-new, state-of-the-art entrance that will wow local people and international investors.

The pain, job losses and economic impact from the closure of the steelworks ripped the heart out of communities. The heartbreaking image of one worker leaving his boots and hard hat by the site summed up the devastation that it had caused.

But five years on, the mood is full of excitement and optimism. We have embarked on a 12-month, £393million demolition and remediation programme, which is already creating hundreds of jobs for local people and making the site buzz with activity.

The new Teesworks gatehouse and entrance is expected to be completed before Christmas, and we already have 500-plus workers on site, from former steelworkers delighted to be back home earning good money again for their families, to young apprentices starting out on their road to a long and successful career.

Local businesses like Hall Construction are getting in on the action, and I want everyone across the region to benefit from the fantastic regeneration opportunity at the site – people and businesses alike. This is more important than ever in the face of the coronavirus pandemic, as we continue to protect and recover our economy.

Please keep a lookout on teesworks.co.uk/procurement for all of the latest ways you can work with us to transform the Tees Valley and make this a site we can be proud of once again.

Tees Valley Mayor | Ben Houchen





Darlington Firms Helped by Emergency Apprenticeship Scheme

It isn't just Teesworks where we are creating jobs and opportunities for young people. 100 new apprentices have been created across the Tees Valley thanks to our £1million Emergency Apprenticeship Fund, set up to ensure that youngsters aged 16 to 20 were not left behind as a result of the coronavirus pandemic.

Among the businesses we've helped is Darlington-based North Bay Railway Engineering Services. The firm specialises in new-build steam locomotives but also provides a wide range of general engineering services for heritage railways across the UK. It was founded in 2013 before moving from Scarborough to Darlington in 2017 to place the company among the steam heritage sector.

Thanks to our funding, they have been able to take on 18-year-old Jack Laverick, who has done a brilliant job. This is the reason I love doing my job – helping and improving the lives of people across the Tees Valley.



Cobham Aviation Deal Keeps it at Teesside Airport Long-Term



The work we are doing at Teesside Airport is also continuing to help support jobs and businesses. I've always said our airport isn't just about holiday flights to Alicante or Majorca, it is about so much more than that.

Cobham is the perfect example of this – it is a fantastic business which provide services to the Ministry of Defence, Nato, the US Air Force and our Armed Forces, employing more than 60 people at Teesside Airport. They've just signed a new long-term deal with our airport, creating and supporting good quality jobs like pilots, engineers and mechanics.

It's fantastic to see another great global company, right here on our doorstep, putting the Tees Valley firmly on the map.

Have your say on major road network improvements

We're also looking for input from local people into the Darlington Northern Link Road.

Our plans will improve the route from the A1(M) to Teesport, giving traffic an alternative to local roads and in doing so improving journey times for everyone but it's vital we hear from those in the areas we're looking to help.

A public engagement programme will start in November and we'd like to get your views on our plans to transform our roads.

You can register for updates by emailing **consultation@teesvalley-ca.gov.uk**, alternatively, head to our website to find out all the latest information at **www.teesvalley-ca.gov.uk/consultations**



Routes to Work changed my life

After 13 years out of work, Les has found a new lease of life and a job thanks to Darlington Routes to Work.

When he joined the scheme, Les was struggling with his mental health and had little confidence and self-esteem. He spent most of the time at home feeling isolated and thought he would never work again.

With help from staff at Routes to Work he gained the confidence to develop his self-taught IT skills. He completed an IT level 2 course with the council's Learning & Skills programme and then accepted a voluntary placement with them as an IT support tutor.

Routes to Work then funded a course so he could achieve his goal of teaching others IT. Thanks to his hard work he now has a part-time job as an IT tutor and is also involved in running local church groups and, using his IT skills, has created and maintained a web page for his local church.

For more information about Routes to Work call 406170 or visit www.teesvalley-ca.gov.uk/routestowork



Routes to Work is a Tees Valley-wide pilot project funded by DWP and Tees Valley Combined Authority, offering one-to-one support to long-term unemployed adults over the age of 30, whose personal circumstances make it difficult to find a job.

Since launching in 2018, Routes to Work has helped 2,815 adults across the Tees Valley.

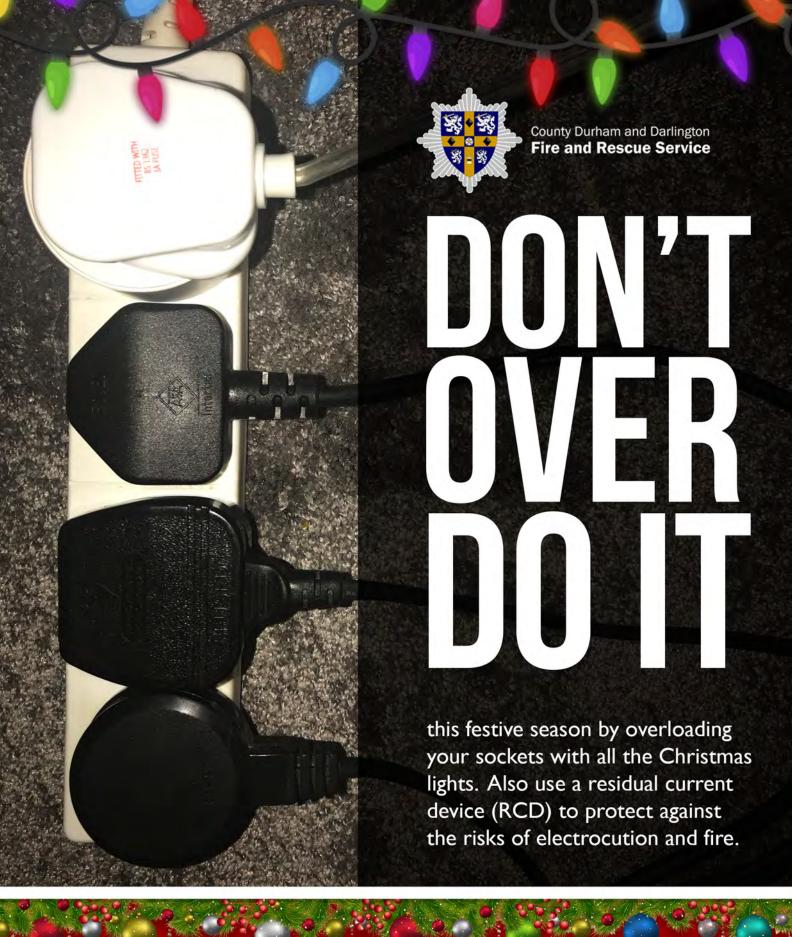






TEES VALLEY MAYOR





Have you booked your telephone Safe and Wellbeing call?

Did you know our fire crews can give you a call, offer bespoke home fire safety advice and also provide smoke alarms absolutely free? To book an appointment with our Community Safety team, please call:

C 0345 223 4221

Throughout the year, volunteers have stepped up to make a real difference to our local community.

Darlington Cares has been at the heart of many of the great things happening across the borough.

Whilst the pandemic limited the ability of employers to provide their staff to volunteer, they have been looking for other ways to support the borough including providing work experience for young people.

Let's look forward to another year of volunteering, supporting and showing that Darlington Cares!







A carin



We are working with the Darlington Primary Care Network to help deliver its flu vaccination programme. Our volunteers have been checking in patients and directing traffic at the drive-through clinic at Darlington Arena.



The support for our first-ever school uniform exchange was overwhelming. More than 1,200 items were donated, with uniform for pupils from every school in the borough, as well as clothes rails so we could display everything properly. It made a real difference to many families to be able to get free uniforms. Thank you to the council for helping us to run the scheme and In A Spin laundry services for cleaning all the donated clothes for us.



During the height of the lockdown we worked with community groups to set up an army of volunteers to help those with little or no support. Volunteers shopped, walked dogs and phoned people for a chat. Their efforts were invaluable to vulnerable people who had no-one else to turn to. Volunteers also helped answer calls for help in the HUB, which became a lifeline for many people.

G year ONCARES

Before lockdown, our members continued their fantastic work making sure our parks and open spaces looked their best. Staff from EE helped the Tees River Trust clear riverside paths as well as working in Sugar Hill Park. We know all our members are looking forward to a time when they can get back to volunteering in the great outdoors.



We managed to hold one of our Pick, Pie and Pint events before lockdown. More than 60 volunteers came along to the litter pick and finished off with a pie and pint (or soft drink) courtesy of The Hole in the Wall. We can't wait to start up these amazing litter picks as soon as it is safe to do so.



We helped launch The Bread and Butter Thing in Darlington. The project aims to reduce food waste and help families by providing surplus fresh food and groceries at a hugely discounted price. The project came to Darlington thanks to funding from Cummins, Darlington Building Society and Darlington Borough Council and made a real difference to many families, especially during lockdown.



Keep active outside with the Move More team

While indoor venues have been unavailable, the Move More team has offered a range of outdoor sessions at Eastbourne Sports Complex.

Sessions included keep fit, Tai Chi, walking and interval training. Over 85 people a week have taken part.

Rosemary Lusher, a regular at the keep fit sessions, said: "Lockdown changed my group exercise routine, and I found it too monotonous to exercise on my own. I now attend Move More's outdoor sessions. They've helped me physically and psychologically — I no longer feel as if I live in a bubble of isolation!"

To find out what activities the Move More team offers throughout the borough, call 450400 or email movemore@darlington.gov.uk





Demolition work on the former auction mart is due to begin shortly.

The mart has moved to a purpose-built site at Humbleton Park, on the outskirts of town, after almost 130 years in Clifton Road.

The Clifton Road site will be cleared of all buildings to ensure safety and minimize disruption to residents living nearby.

Demolition contractors Thompsons of Prudhoe have been appointed to manage the clearance of the site. A comprehensive site plan has been drawn up with neighbours in mind, which will restrict working times, traffic movements, noise and dust with measures in place to tackle vermin, if necessary.

No plans have yet been drawn up for the future of the site but it will form a key part of the redevelopment of the Bank Top area, in conjunction with current improvement works to Victoria Road and the major upgrade of Darlington station.

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Usual Collection Date

Revised Collection Date

Thursday 24 December



As normal

Friday 25 December



Monday 28 December

Tuesday 29 December



As normal

Wednesday 30 December



As normal

Thursday 31 December



As normal

Friday 1 January



Monday 4 January

Tuesday 5 January



As normal

GARDEN WASTE COLLECTION

This year's garden waste collections will come to an end the week commencing Monday 14 December and will start again in April.

Look out for details of how to renew/sign up in the New Year at www.darlington.gov.uk/gardenwaste

